



Board Certified in Diagnostic and Invasive Cardiology

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*Wear comfortable shoes and clothing if you are walking on the treadmill and be prepared to be at our office for three to four hours. You may bring a snack to eat after the stress portion of your test.

Please do not have any food or drink 6(six) hours prior to your test.

*Do not consume any caffeine products for 24 hours before the test. This includes chocolate, Excedrin, caffeinated sodas, tea and coffee (and decaffeinated tea and coffee).

*You may take your morning medications with a small sip of water the day of your test unless you are **diabetic** or take **beta blockers**. These include: **Lopressor/ Toprol XL/ Metoprolol, Timolol, Acebutolol, Bisoprolol, Pindolol, Betapace/Sotalol, Byvalson/Bystolic /Nebivolol, Atenolol/Tenormin, Coreg/Carvedilol, Labetalol, Inderal/Propranolol, Corgard/Nadolol, Levatol/Penbutolol, Kerlone/Betaxolol and Esmolol.** *Bring these medications with you to your test and you may take them after the stress portion of your test.*

Please take ALL your other blood pressure medications.

*If you are diabetic, please do not take oral (by mouth) medicines or insulin the day of your test. Please bring a snack that you can eat after the stress portion of the test.

*We have a 24-hour cancellation policy for these procedures. If you need to change or cancel your appointment, please notify our office the day before your scheduled test even if that happens to be Sunday. The medication used in these procedures cannot be returned to the manufacturer or used for another patient. If you do not notify our office of the cancellation, you will be billed \$150.00 for the cost of the medication.

Please Note:

In order to perform these tests, we have to order a calibrated dose of medication based on your height and weight. *This medicine cannot be used for another patient.*

This medicine costs \$150.00

If you do not show up for your test, or if you do not cancel in accordance with the following policy, you will be responsible to pay for this medicine. *It is not payable by your insurance.*

Nuclear Stress Test Cancellation Policy

If you need to cancel or reschedule your test, you must do so by 3PM the day before your test.

****If your appointment is after a holiday that our office is closed,
please call the provider on call at (704) 996-6797.**

To reschedule, you will need to call the office during normal business hours.

**IF YOUR HEALTH INSURANCE CHANGES PRIOR TO THIS APPOINTMENT, YOU
MUST CONTACT OUR OFFICE SO THAT WE CAN VERIFY IF AUTHORIZATION IS
NEEDED FROM YOUR INSURANCE COMPANY.**

**IF YOU DO NOT CONTACT US WITH YOUR NEW INSURANCE INFORMATION
PRIOR TO YOUR APPOINTMENT, WE MAY HAVE TO RESCHEDULE YOUR TEST.**